

# Harmonious Movement

*an introductory music and movement group class for children ages 3-4 years old*

Ms. Sarah is excited to bring her passion for music, movement, and nurturing creativity to this first group class offering from Harmony House Sebastian Piano Studio. In this 45-minutes group class, your child will be introduced to fundamentals of music, movement, and group dynamics in a fun and engaging class setting.

In each class, we'll explore different elements of music and movement through singing and dancing.  
Here are a few of the fundamentals we'll cover:

## MUSIC

Pitch, melody, tempo, rhythm  
Singing and playing instruments  
Introduction to music notation

## MOVEMENT

Levels, shapes, tempo, rhythm  
Spatial awareness and boundaries  
Moving within and as a group

## GROUP DYNAMICS

Listening respectfully  
Following instructions  
Taking turns

**WHAT:** a **45-minutes group class** introducing students to the fundamentals of music and movement in a fun and engaging group class environment

**WHO:** the class is designed for **children ages 3-4 years old** (*this is NOT a strict age requirement*)  
— *maximum registration is eight students*

**WHEN & WHERE:** class days, times, and locations will **vary throughout the year** — **reach out** if interested to:  
— *learn about **currently scheduled classes***  
— *request specific days and times **for future scheduled classes***

**COST:** tuition is **\$45 per class**  
— *tuition is due prior to the start of each class*  
— *advance enrollment is required for your first class (at least one day in advance)*  
— *drop-in attendance is allowed after the first class*

Ms. Sarah's blend of experience in both movement and music brings a unique and inviting energy to her classroom. Starting dance at the age of three, she aims to provide the same magical environment that she remembers from her first creative dance class. Although Ms. Sarah studied music from the ages of 6 to 11, she spent much of her life believing she wasn't a musician. Her discovery as an adult of her inner musician gives her a special perspective on the musical journey of an individual. Ms. Sarah spent six years teaching dance in Bellingham, at both Western Washington University and a private studio, as well as a brief period teaching preschool in Issaquah.

Ms. Sarah strives to invoke each student's personal connection to their divine creativity.  
She's excited to return to the classroom and her passion for teaching!



**Reach out if interested in enrolling in this  
exciting, NEW class!**

Email: [sebastianpianostudio@gmail.com](mailto:sebastianpianostudio@gmail.com)

Phone: (425) 220-9260 | (425) 890-0123

Website: [harmonyhousepiano.com](http://harmonyhousepiano.com)

# Advanced Harmonious Movement

our next level music and movement group class for children ages 5-6 years old

Ms. Sarah is excited to bring her passion for music, movement, and nurturing creativity to this next group class offering from Harmony House Sebastian Piano Studio. In this 45-minutes group class, your child will explore and experiment with fundamentals of music, movement, and group dynamics in a fun and engaging class setting.

In each class, we'll experiment with different elements of music and movement.

Here are a few of the fundamentals we'll explore:

## MUSIC

Pitch, melody, tempo, rhythm  
Singing and drumming  
Learning basic music notation

## MOVEMENT

Levels, shapes, tempo, rhythm  
Spatial awareness and boundaries  
Moving within and as a group

## GROUP DYNAMICS

Listening respectfully  
Following instructions  
Taking turns

**WHAT:** a **45-minutes group class** in which students explore and experiment with the fundamentals of music and movement in a fun and engaging group class environment

**WHO:** the class is designed for **children ages 5-6 years old** (*this is NOT a strict age requirement*)  
— *maximum registration is eight students*

**WHEN & WHERE:** class days, times, and locations will **vary throughout the year** — **reach out** if interested to:  
— *learn about* **currently scheduled classes**  
— *request specific days and times* **for future scheduled classes**

**COST:** tuition is **\$45 per class**  
— *tuition is due prior to the start of each class*  
— *advance enrollment is required for your first class (at least one day in advance)*  
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